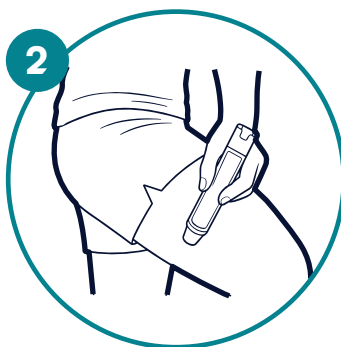


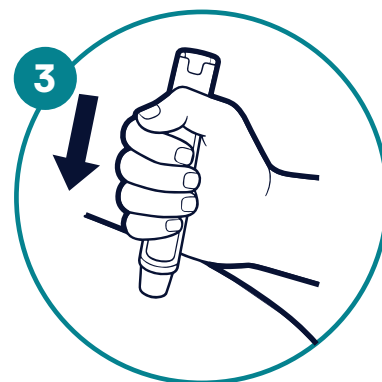
How to use an auto-injector pen



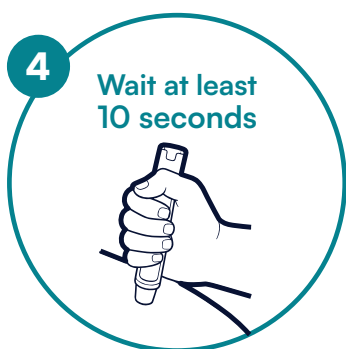
Remove the safety cap(s).



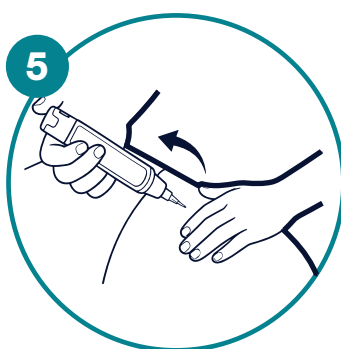
Hold the injector with the needle end pointing towards the middle of the outer thigh.



Activate the injector by firmly pressing into the middle of the outer thigh (through clothing if necessary) until you hear or feel the click and hold it in position **DO NOT WITHDRAW IT.**



Keep the injector firmly against the thigh until the full dose has been delivered, following the instructions printed on the device (at least 10 seconds).



Remove the injector safely.



Call 999 immediately (or ensure someone else has done so) and state "suspected anaphylaxis".

If symptoms have not improved after 5 minutes and another adrenaline auto-injector is available, give a second dose according to the device instructions.

Stay with the person until the ambulance arrives. Keep them lying flat with their legs raised where possible. If breathing is difficult they may sit up, but they should not stand or walk.